

Cecilia E. Koester, M. Ed.

Leading expert on Movement Based Learning for Children of All Abilities

Cece's intuitive teaching style and keen assessment skills uniquely translate into a way for you to learn how to be quietly centered and grounded. As you witness her in action, you reconnect with your own passion for living, learning, loving and teaching.

What is Movement Based Learning?

Movement Based Learning is a way for us to begin to understand and apply the concept that movement of the body affects the integration of our brain function. When our brain is in an integrated state (i.e. able to access all parts of the brain), we return to our natural, normal curious state of learning. It is from this solid foundational space that we can reach our greatest potential.

This 3-day course provides:

- An in-depth study of how to use Movement Based Learning.
- An excellent application for autism, cerebral palsy, attention deficit hyperactivity disorder, speech impairment, brain injuries and impairments caused by strokes.
- Applications to typically functioning children and children with learning disabilities.

Students will:

- Observe basic developmental movement patterns of early childhood that will allow us to target specific brain function and offer a structure to explore the application of Movement Based Learning
- Observe the gathering of information about how to apply Movement Based Learning to the childhood reflexes to enhance the child's level of functioning
- Experience how to **assess** the needs of an individual who may have difficulty communicating, **develop** a Movement Based Learning program to meet those needs, **evaluate** the effectiveness of the program and how to **modify** the program when necessary.

3-Day Course

Description: This course offers participants methods and techniques that they can immediately use with the children or adults with whom they work. Much attention is given to noticing/assessment skills which also includes Bal-a-vis-x and basic stages of human development.



- 3 Day course (8 am to 4pm)
- \$375/person (\$345 tuition, \$30 manual)
- 2 Graduate Credits from Salem State College (MA). (sign up on first day of class-\$175)

When: June.20-22

Time: 8 a.m.-4p.m.

Location: Haverhill, MA

Registration Form

Name: _____ **Phone:** _____

Home Address: _____ **Cell:** _____

City: _____ **Zip:** _____

Email: _____

Occupation:/Grade: _____

_____ I am enclosing full payment of \$375

_____ I am enclosing a deposit of \$100 with balance due (depending on date received) on first day of class.

Please make checks or money orders payable to Contact Sponsor:

Candi Cosgrove 14 Wynridge Rd. Windham, NH 03087

Creating Connectons

603-434-9115 or info@candicosgrove.com

Purchase Orders are accepted. Payment plans accepted under special circumstances.

What others are saying:

“Cecilia offers as an instructor, a clarity of presentation and provides many experiential activities. I am now more secure and confident that I have the tools available to me to apply the information given in this class. Take the opportunity of experiencing the opening of awareness to the importance of brain/body integration for learning and for life.”

–Music Teacher, Minnesota

“Incredibly valuable information. I'd take a course with Cece in a heartbeat because the content and presentation were so useful and so rich in information that one could benefit from taking a course with her again. Yet, it was so clearly presented and functional that one can start to use the information she shares right away.”

–Parent, Minnesota

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3-Day Workshop

Movement Based Learning For Children Of All Abilities

Taught by **Cecilia E. Koester, M.Ed.**

**Learn basic developmental movements that stimulate brain function.
See dramatic improvements in concentration, organization, reading,
writing, physical coordination and speech.**

