“Svetlana and Pamela came to work with Lily over a two day period. The next day Lily laughed for the first time in her life. Eight months later, she is now two years old and can walk run and jump and has a 500-word vocabulary that she uses while she “reads” books. The knowledge Svetlana brought to me is priceless. We will never be able to thank them enough.”

– Diane and Gary, Arkansas
Facial Reflexes Integration

During physical, survival or emotional stress our facial reactions are activated to help us cope and overcome the challenges. They also trigger the entire system of protection and postural and dynamic mechanisms reducing the ability to concentrate, memorize, make decisions and communicate. Such habits of narrow conscience choice- making limits learning and development. This course offers opportunities to reduce stress and is aimed at the sensory motor integration of the facial reflexes.

This program is directed on:

• Eliminating and letting go of dysfunction blocks: a non-productive compensation with facial-body structure levels
• Activation of natural mechanisms with movement and movement development
• Activation of the Body-Brain” coordination system
• Elimination of stresses within the level of facial movements / communication
• Exploration of possible changes in face-body structure, posture and movement development
• Neuro-Kinesiology techniques and exercise tailored to individual need(s) of people (e.g. challenges with eating, emotional / facial expression, sensory integration, hearing, speech, communication and movement).

FACIAL RELEX THERAPY can be successfully used for the children and adults with:

• Non-productive facial-muscular compensations
• Hyperactivity (ADD, ADHD)
• Autism • Cerebral palsy
• Intellectual or developmental delay
• Language development delays
• Speech delays
• Articulation challenges
• Tiredness
• Lack of physical coordination of facial muscles
• Extensive or lack of control (hyper/hypo-tonic muscles) - displaying tight facial muscles

About the Instructor

Svetlana Masgutova is a Doctor in Developmental and Educational Psychology, International Educational-Kinesiology Faculty for Russia, Director of the “Ascension” Institute, and the Educational-Kinesiology Mentor for Poland.

For years she has worked as a University lecturer and Russian Educational Academy scientific worker. She is the author of 54 publications on psychology, education, Educational-Kinesiology, art creativity, and movement development.

The last 13 years, Svetlana has been doing research work on the Educational Kinesiology Methods, and studies the influence of the Educational-Kinesiology movements on personality, emotions, movement development and learning challenges. She is widely interested in using movement and drawing to facilitate the emotional recovery and physical rehabilitation processes of a person.

Svetlana works with psychologists, educators, victims of catastrophes, war victims, childhood abuse, and social crises -- while paying attention to their emotional recovery.

For information on Svetlana’s work refer to: www.masgutovamethod.com

Registration Form

Name _______________________________
Address _____________________________
City ________________________________
State _______________________________
Daytime phone ________________________
Evening phone ________________________
E-mail _______________________________

We would like to know who you are...

Educator, grade/type ____________________
Parent _______________________________
Other, please specify ____________________

Course Fees

Facial Reflexes Integration

Early Bird Tuition (Before May 20th)
• $324 per person includes manual
• $195 to review course

Tuition (After May 20th)
• $355 per person includes manual
• $213 to review course

*Non-refundable deposit of $75 with balance due on first day of class.

Make checks payable to:

Candi Cosgrove
14 Wynridge Rd.
Windham, NH 03087
603-434-9115
info@candicosgrove.com